

Sewing Reference Cards

Directions: Print at full scale, cut on outside lines, hole punch, and attach to a keyring.
(Laminate if you'd like extra durability.)

Thread Thickness vs. Needle Size

Thread Type	Thread Size			
	#40	#30	#20	#10
Cotton	14-19 needle	16-21 needle	19-23 needle	20-23 needle
Polyester spun	12-18 needle	14-19 needle	19-23 needle	20-23 needle
Polyester Filament	11-16 needle	14-20 needle	18-22 needle	19-23 needle
Nylon Filament	11-14 needle	16-19 needle	18-21 needle	-

Retreat Packing List

- Sewing Machine
- Sewing machine *power cord and foot pedal*
- Extra needles + bobbins
- Specialty machine feet needed for projects
- Cutting Mat, Rotary Cutter + extra blades
- Straight Edge, Rulers, Templates
- Fabric (Pre-cut if possible)
- Thread (piecing, top-stitching, quilting)
- Iron, Pressing Mat/Board, Fabric spray
- Thread Snips
- Fabric Scissors
- Pincushion, pins, clips
- Seam ripper
- Thread Catcher
- Fabric Marking Pen
- Project Patterns/Instructions
- Notions for projects (batting, interfacing, zippers, buttons, snaps, etc.)