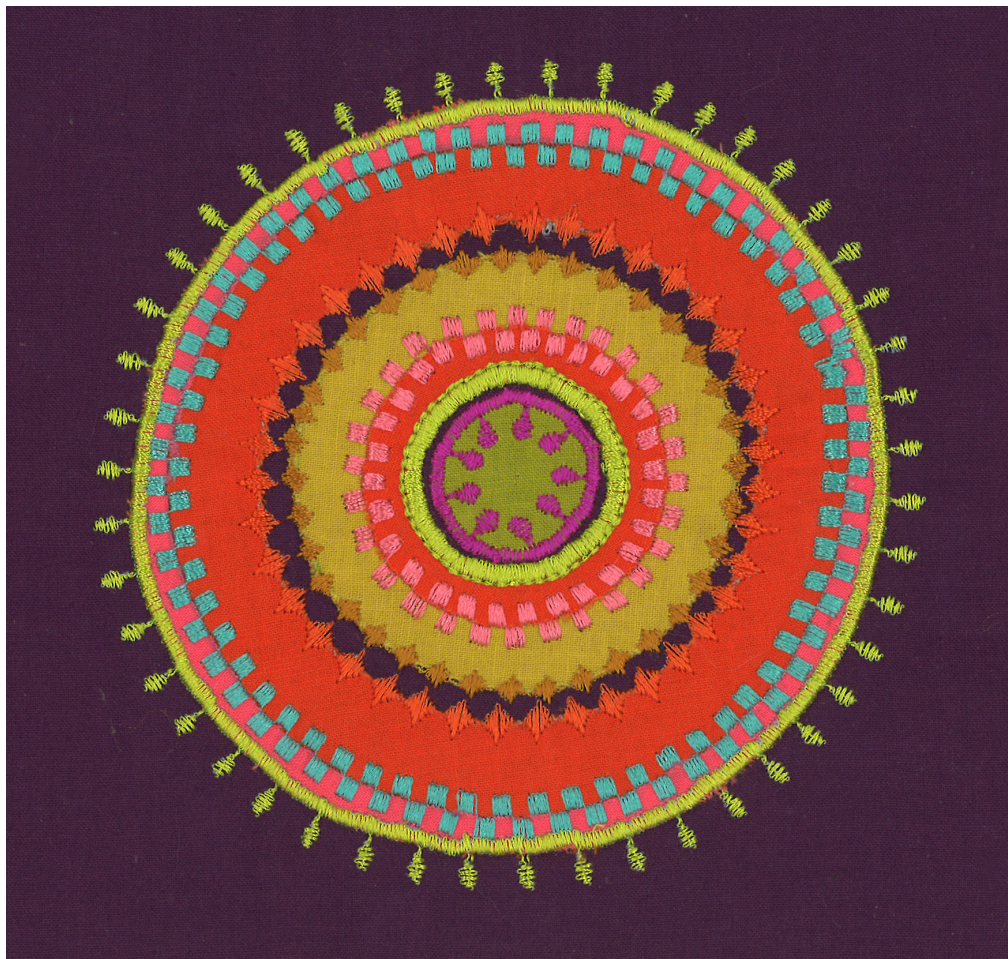


Sarah Smith

Rainbow Concentric Circles



JANOME

WHAT'S NEXT

— a story in every stitch —

by Sarah Smith
www.SarahAnnSmith.com



Instructions:

Fused Blocks: You can fuse your fabric for each block or, as Sarah does, just fuse up a chunk of fabric large enough to yield all that you will need for the fused blocks in your project. You can always use leftovers in another project.

Concentric Circles Applique: (Refer to manufacturing instructions for fusing.)

- Apply fusible web to the back of the Lipstick, Lava, Gold and Avocado fabrics to make your concentric circles. You can use the off-cuts for a second block.
- Cut out a 7" square of the Plum fabric. Because decorative stitching can shrink a block, it is safer to cut it a bit large and trim at the end.
- Using the circles provided or plexi circle templates (available at your quilt shop and online), cut out circles from your pre-fused fabrics. Sarah marked the circles and then cut them out with serrated scissors that grip the fabric and cut extremely precisely. You can also rotary cut around plexi circle templates, but it can be tricky to get a smooth edge.
- Finger-crease your background block in half in both directions.
- Finger-crease your circles in half in both directions.
- Use the crease marks to align your circles and assure they aren't off.
- Fuse the circles in place, making sure the edges are well stuck down.

*Tip: Select a range of thread colors and look for your decorative stitches. It is always a good idea to have a "test" scrap to check out the appearance of stitches, adjust the width/length as well as the tension. Because Sarah used 40-wt. trilobal polyester thread in the needle and finer 60-wt polyester bobbin thread, she had to decrease the tension on her decorative stitches quite a bit to keep the bobbin thread from popping up to the top.

In this block, Sarah used the following stitches and settings:

Outside to Inside Fabric:

- Lipstick fabric
- Lava fabric, which slightly overlaps the lipstick fabric
- Gold: there is a bit of background showing between the lava and gold
- Lava, overlaps the Gold
- Avocado; there is a bit of background showing between the Lava and Avocado fabrics

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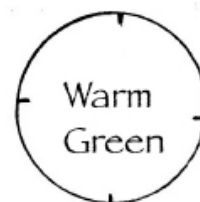
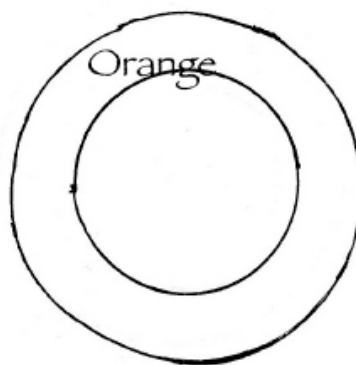
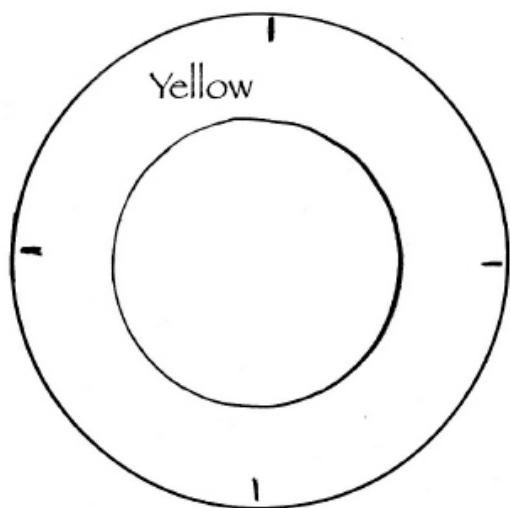
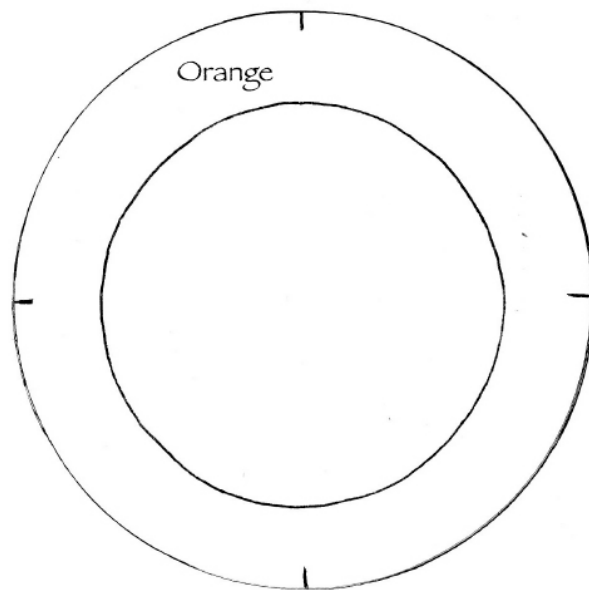
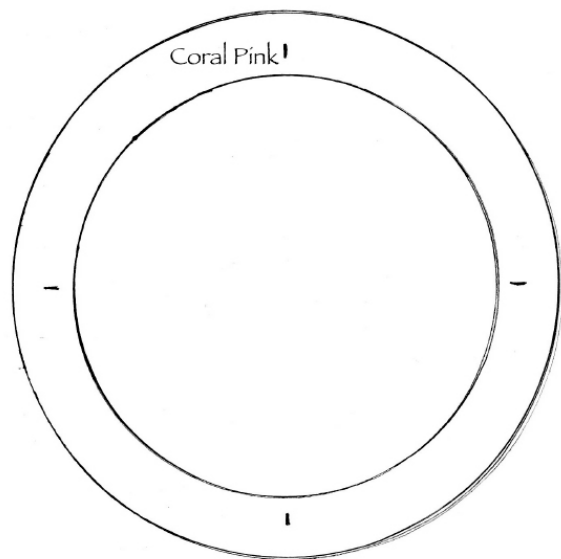
Outside to Inside Stitching:

- Lollipop with satin stitch in lime green on the Lipstick fabric. (8.0 width, 2.5 length)
- Checkerboard satin stitch in Luna over the Lipstick and Lava fabrics (7.0 width, .30 length)
- Diamond satin stitch in orange on the Lava fabric (7.0 width, .30 length)
- Diamond satin stitch in dark gold/ochre on the Gold fabric (5.0 width, .30 length)
- Checkerboard satin stitch in coral pink over the Gold and Lava fabrics (.0 width, .30 length)
- Satin stitch in lime green on the inside edge of the Lava fabric (3.0 width, .30 length)
- Triple straight stitch in lime green to outline above the satin stitch, on the Lava side (2.2 length)
- Lollipop with satin stitch in plum thread, reversed/mirror-imaged so it stitches inwards (7.5 width, 2.5 length)
- Trim the block to 6 1/2" x 6 1/2".

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