

week SIX



Whole Cloth Quilted Journal

designed by:
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estimated sewing time:
2 hours

finished size:
approx 8" x 10"

I'm so excited to share this fun, kid friendly tutorial as part of Janome's Summer Sewing Camp! These Whole Cloth Journal Covers are a great project to get beginner sewists of any age comfortable with machine quilting and in the end, you'll have a useful and pretty project to enjoy!



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MATERIALS & SUPPLIES

- 12" X 30" Piece of fabric for Journal Exterior
- 11" X 16" Piece of fabric for Journal Lining
- 14" X 32" piece of Hobbs 100% cotton batting
- Standard Composition notebook - 9 3/4" x 7 1/2"
- Rotary cutter and ruler for trimming
- Sewing pins and Quilt Basting pins (safety pins work OK too)
- Coordinating thread for quilting
- Iron/Ironing board



*Sewing Notes: Use a 1/4" seam allowance for the entire project, unless noted otherwise.



INSTRUCTIONS

STEP 1: BASTE AND QUILT EXTERIOR

Spray baste or pin baste exterior fabric to the cotton batting.



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Using a straight line or the wavy quilting stitch on your Janome to add dense quilting to the length of the journal exterior fabric and batting sandwich.

I recommend adding the quilt stitches every 1/2." For this journal I used Quilt Stitch No.8, set at 7.5 width + 3.0 length and 9.0 width + 5.0 length.



Once quilted, trim the journal exterior panel to measure 11" x 29"



STEP 2: ADD LINING

Hem both 11" edges of the quilted panel by folding raw edge 1/4" under, then under again 1/4". Press and stitch in place using a single or double seam allowance.





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Place the main panel right side up on a mat board or other flat surface. Create the pockets that will hold the journal by folding in the sides about 5" from the edges so the quilted panel now measures 11" x 16". Pin and then stitch in place using 1/8" seam allowance.



With the quilted panel right side up, place the lining fabric with the right side of the fabric facing the quilted panel. Align all of the edges and pin together.



Stitch all the way around, making sure to leave at least a 4" opening in the bottom seam for turning the cover out.



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Clip the corners and turn the cover right side out through the opening. Push the corners out and press the cover to get out all wrinkles.



Press and pin the opening closed.



Stitch closed using a 1/8" seam allowance.





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Give it one last final press, insert the journal and you're all finished!



Don't forget to tag us (and @maurencracknell) on Instagram with #janomecamp18 so we can see your journal cover!



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