

Insulated Holiday Table Runner

By Alison O'Grady

This is a quick and easy project perfect for entertaining! It is a great way to showcase embroidery or many of the specialty stitches built into your Janome sewing machine. By using cotton fabrics, two layers of cotton fleece and a layer of insulated fleece, this will be the perfect addition to your holiday table to arrange all of those casseroles and serving dishes, while being festive and functional.

This can be adjusted easily to fit your table or space. This table runner is approximately 11" x 58".

Skill Level: Confident Beginner

Sewing/Embroidery Time: 2 1/2-3 hours

Janome Supplies Required:

- Janome sewing/embroidery machine
- Zigzag foot A
- Satin Stitch foot F
- Embroidery foot P
- 1/4" Seam foot O
- Embroidery design from www.janome-embroidery.com
Thanksgiving Corner HD 580
- Isacord embroidery thread listed on the chart (OR customize to preference)

Supplies + Fabric Required:

- Basic sewing supplies
- New needle Universal #11 / 70
- Table runner TOP fabric - Two 12" x 25 1/4 lengths (one for either side of the center panel)
- Center panel to embroider OR add decorative stitches - One 10" x 12" length
- Table runner BOTTOM fabric - One 12" x 60" length
- Insulated fleece - One 12" x 60" length
- Thin cotton batting - Two 12" x 60" lengths (Cotton batting will be placed on either side of the insulated batting as polyester batting will melt with temps of more than 420 degrees)
- Single fold bias tape OR make your own to match.



Holiday Table Runner

Embroidery:

1. Using the center panel, hoop your design. Install the embroidery design. Play with orientation of the design. Alison duplicated, rotated, and dragged it to the opposite corner.
2. Attach Embroidery foot P. Prepare your thread order.
3. Stitch the design OR use some of those amazing specialty stitches to create your own design.

Sewing Instructions:

1. Remove the center panel from the hoop and square it up to measure 9 1/2" x 12".
2. Return to Sewing Mode.
3. Attach 1/4" Seam foot O.
4. Sew to the short end of each of the TOP lengths using a 1/4 seam allowance.
5. Make your "sandwich" by layering in this order: table runner bottom fabric, wrong side up, one layer of cotton batting, insulated batting, the other layer of cotton batting and then the top of your table runner with center panel right side up.



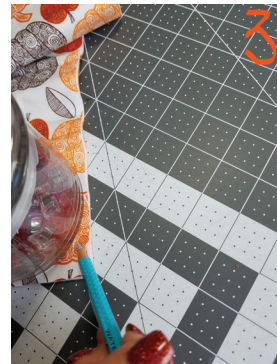
6. Smooth from the back and then the front and then pin.
7. Press each seam to the side.
8. Attach Satin Stitch foot F. Sew a specialty stitch down each side of the center panel, through all of the layers.



9. You may free motion quilt, or mark even rows to quilt these layers together.

Finish Up!

1. Trim all edges to neaten.
2. Use the edge of a round jar or cup to round off your corners, if you wish.



3. Apply seam binding using your favorite method.



4. Get your dinner menu ready to show off this beauty!