

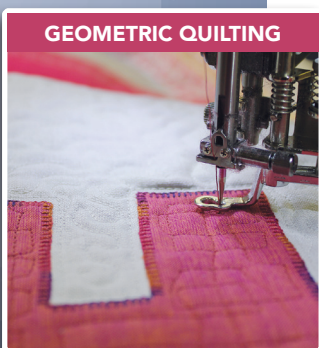
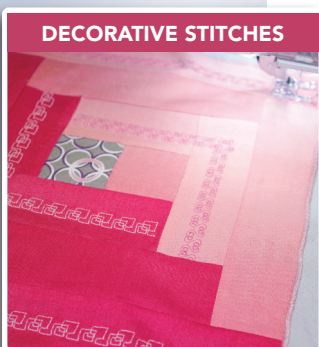
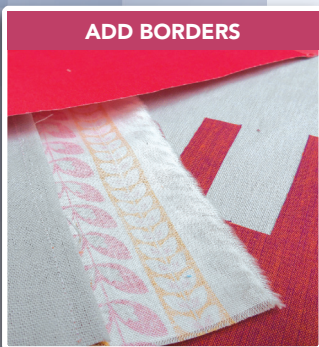
# JANOME

## Quilting Kit

### My Jump Start Quilt Sampler

An easy "Make-It-Yourself" project designed for stress-free learning and exploring.

These are general instructions for designing your own project that will allow you to experience trying out your new kit of accessories. You could make something very different with the same goals in mind. Take this no-rules approach to challenge and surprise yourself.



- **STEP 1** Table runners are a great way to ease into new applique and quilt-making techniques. Try a variety of styles to discover which you like the best. These are general instructions that can easily be adapted to any quilt-style project.

**Determine the desired dimensions of the runner. Cut base and border fabrics to size. Create the quilt top**

- **STEP 2 APPLIQUE DESIGN.** Create your own geometric skyline-style applique to fill the width of each end of the base fabric. Iron paper-backed fusible web to the reverse side of the applique fabric. Use quilting rulers to mark rectangular shapes onto heavy stabilizer or cardboard and cut out the design template. Trace the design onto the right side of the fabric and cut along the tracing lines. (An alternate method is to draw the design onto the paper-backed fusible web.) Fuse the design to each long end of the base fabric.
- **STEP 3 ADD BORDERS** all around the base fabric, enclosing the bottom and side edges of the applique in the seams.
- **STEP 4** Assemble a basic log-cabin style block for the central motif. The *clear view quilting* foot can be used for piecing accurate 1/4" seams.
- **STEP 5** Sample different applique methods. A traditional blanket stitch is applied using the *applique* foot along the edge of the skyline motif. The log cabin block is first secured in place with an open zig zag stitch using the *open toe satin* stitch foot. The zig zag stitches are then over-stitched with a tighter and slightly wider satin stitch.
- **STEP 6 DECORATIVE STITCHES** are added to the center block using the *open toe satin* stitch foot.

#### Quilting and finishing:

- **STEP 7** The completed quilt top is layered over backing fabric and batting. The layers can be secured with either fusible batting, fabric spray adhesive or pins.
- **STEP 8** There are **TWO OPTIONS** for quilting in the ditch: the *ditch quilting* foot works well for straight line quilting both inside and around the log cabin block in an echo style. It is also used in the striped border.
- **STEP 9** The shorter ditch flange on the *clear view* quilt foot works well in the tight turns echoing the skyline applique.
- **STEP 10** The *convertible free motion* foot is used for all-over stippling of the base fabric as well as the **GEOMETRIC QUILTING** in the skyline motif.
- **STEP 11** The runner edges are trimmed and binding is applied.



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### ACCESSORY KITS AVAILABLE FROM JANOME

- Fashion and Finishing
- Crafting and Home Décor
- Quilting Kit

## MiY Foot Notes

*A collection of jump start ideas and tips to use with your accessory kit.*

### ■ Applique Foot AP

- The shortened length of the applique foot allows for better visibility and maneuverability

### ■ Clear View Quilting Foot & Guide Set OV

- Sewing miniature 1/8" seams, ditch quilting with a shortened flange for tight turns
- Great for added visibility when piecing triangles
- Detailed markings for accurate pivoting

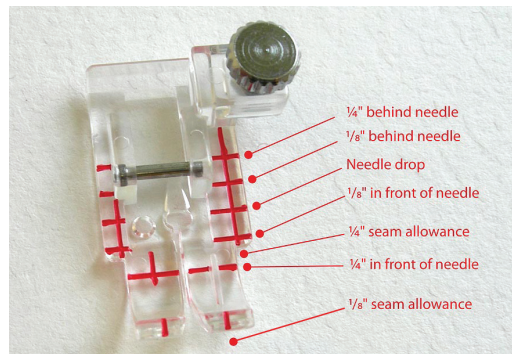


Image courtesy of [www.sew4home.com](http://www.sew4home.com)

### ■ Convertible Free Motion Foot Set

- Echo quilting with either the closed toe foot or clear view foot: maintain a consistent distance around a motif while stitching
- The closed toe foot will not snag in lace or other open style fabrics
- The clear view foot can easily stitch over bulky, felted fabrics
- Try free motion stitching with a zig zag stitch for added stitch impact

### ■ Ditch Quilting Foot S

- Use with color blending thread or a shade darker to disappear into seam lines
- Use for attaching waistbands and cuffs in fashion sewing
- Create bridge stitches between two fabric edges

### ■ Open Toe Satin Stitch Foot F2

- Ideal for sewing with decorative stitches, but not suited for straight stitches which require a greater surface area on the foot for optimal stitch control
- Accommodates the bulkiness of decorative smocking or shirred fabric
- Easy to see detailed stitching for cut work
- Perfect for lapped lace or patterned fabric

JANOME MiY make it yourself

