

Heirloom Stocking by Anna Maria Horner

The Heirloom Stocking project features a beautiful machine embroidery design that is free to download from Janomespecials.com/annamaria in a variety of file formats. This embroidery design could be used for many different projects like tree skirts, pillow shams, table linens, little girl dresses and more. Even if your machine doesn't have machine embroidery capabilities, take advantage of the stocking template and simple directions here for refreshing some of your holiday décor.

Materials:

Note: The stockings here are cut on the length of fabric, and if you'd like to have them longer than the pattern allows, you'll need to add to the yardage requirements in order to still be able to cut them on the length.

- * 2/3 yard of linen for stocking front and back
- * 2/3 yard of printed fabric for stocking lining
- * 2/3 yard of 22" wide, medium weight, fusible interfacing
- * one spool of machine embroidery thread in desired shade
- * one spool of machine thread for sewing
- * measuring & cutting tools
- * fabric marking pen
- * iron & ironing board

Embroidery:

Note: Be aware that the Heirloom embroidery design is approximately 6" x 6" which is important to keep in mind as you plan how the design will be incorporated into this or other projects.

- 1. Cut one piece of linen (stocking front fabric) and one piece interfacing each to 18" x 24". (This will give you plenty of room to place both into the machine embroidery hoop.) (If you would like to increase the length of the stocking to have a deeper cuff, then add the increase amount to the 24" dimension.)
- 2. Layer the fusible side of the interfacing against the wrong side of the stocking front fabric, and place a few pins at the corners to keep them together. Find center of linen piece and make a mark.
- 3. Place both layers into the embroidery hoop specified by your machine with the linen side facing you. Slide and adjust fabric until the mark you made is at the center position, then tighten into place.
- 4. Select the Heirloom design on your machine to start and finish embroidery. Once complete, lightly press interfacing to back of linen so entire piece is fused.

Trace & Cut:

- 1. After you've printed all four pages of the stocking template, align them as instructed, tape together and cut out shape so that you have a stocking pattern. Add any extra desired length to the stocking with extra paper.
- 2. Decide where on the stocking shape you'd like the embroidery to be, and draw a center horizontal line for it's position. Fold stocking down on the drawn line then line up folded paper edge with horizontal center of the embroidery on fabric. (It's up to you which way the "foot" of the stocking faces, so there is really no wrong side to the pattern.) Hold pattern in place then unfold it (pin if you'd like) and trace all around with fabric pen.
- 3. Cut fabric on traced lines and then use the stocking pattern to also cut out stocking back, and two stocking lining pieces.

Sew Stocking:

- 1. Using 1/2" seam allowance and with right sides together, sew stocking front to stocking back from top edge all the way down and around foot, then finishing at top edge on other side. Clip notches out of curved seams, press seam allowances open.
- 2. Repeat Step 1 with both stocking linings but this time, stop sewing after a few inches from top to leave about 6-8" of open space, then start again to finish. Clip and press as you did for outer stocking.
- 3. Turn outer stocking right side out, and leave stocking lining wrong side out. Slide outer stocking down inside of stocking lining so that their right sides are together. Making sure side seams are aligned, and using a 1/2" seam allowance, sew around the top perimeter.
- 4. Use the opening left in the side seam of the stocking lining to pull the outer stocking through to right side, then turn lining to right side as well. Topstitch lining opening shut. Settle lining into stocking so that wrong sides are together and all is smoothed into place. Press well, then turn cuff down.

Finish:

- To create the loop, cut rectangle from lining fabric that measures 2" x 10". Fold in half lengthwise and press crease. Fold in side edges until they meet at that crease and press two more. Fold in half lengthwise again to conceal raw edges and topstitch down middle of length thru all four layers.
- 2. Fold loop in half for ends to meet, and position into top of stocking at the side seam (that foot points away from). Pin the loop ends in place so that they won't be seen from top edge, and also so that machine tacking will be hidden by cuff. Tack in place with a few stitch rows at machine.

A

attach to B

attach to C

Pattern tiling map



