

Flower Stitch Attachment Christmas Coffee Tablecloth

By Amy Meek

Supplies:

- Sewing machine and attachments
- Any low shank 7mm sewing machine
- Flower Stitch Attachment
- 1/4" foot - either traditional or clear view

Fabric and Notions:

- 1/8 yard of 6 different fabrics (for checkerboard area)
- 1/3 yard of background fabric (behind trees)
- 1/4 yard of green fabric (trees)
- 1/2 yard of iron-on cut-away stabilizer or interfacing
- Scrap of brown fabric (tree stump)
- 3/4 yard for binding
- Backing fabric
- Batting
- Sewing thread with wound bobbin
- Decorative thread (ornaments and snowflakes) with matching bobbin



Cutting Instructions:

- Cut the 6 fabrics into 2 1/2" by 10" strips
- Background fabric by PDF pattern for four squares
- Green fabric by PDF pattern for four squares
- Brown 2 1/2" x 2 1/2" for squares

Sewing:

1. Starting with your 2 1/2" strips, make 6 sets of 4 different strips.
2. Place your sewing thread on your machine and place your 1/4" foot.
3. Making a 1/4" seam, join your sets (6 sets of 4). Join each set along the 10" side to form a square. Press the seams open.

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4. Cut all six squares of four strips into 2 1/2" strips (this will give you 24 strips with four fabric squares in each strip).
5. Being mindful for fabric placement, using a 1/4" foot, join the long side of the four strips together to form six 8 1/2" checked squares.
6. Cut one of these squares into diagonal quarters.

Christmas Tree Squares:

Using the background fabric, green tree fabric and scraps of brown cut:

- 4 trees from the green and interfacing, 16 background rectangles and 8 of the triangles marked background (pattern in PDF).
- Using the manufacturer's instructions, apply the interfacing or stabilizer to the green triangle, wrong side of the fabric.
- Thread the machine with the decorative thread of your choice in both the top and bobbin.
- Remove your ankle (shank) from the machine, making sure to place the arm of the flower stitcher on the needle bar and attach the flower stitcher with the thumb screw from the machine's shank. If possible, drop the feed dogs (some machines will not stitch zigzag with the feed dogs dropped, that is okay - you can still stitch with the attachment with the feed dogs up on these machines). Read the instructions in the package to learn how to change the sizes.
- Using some scrap stabilized fabric, play with different zigzag stitches, the flower stitcher and find the "flowers" you like. Be sure to make notes on the experiments.
- If you want to put flowers inside of flowers, be sure to mark the outside of the plastic ring before changing the size with a disappearing marker, chalk or your preferred marking method.
- To make a reverse applique with the flower stitch attachment, set the machine to straight stitch. Stitch a circle. Mark the clear ring with a disappearing marker. Remove the fabric and carefully trim out the circle with a sharp pair of scissors. Place the desired fabric behind the opening that was cut in the fabric you may want to use a tape to hold it in place. Matching the marked line with the ring marked on the fabric. Stitch with the stitch of your choice!

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- To applique the ornaments, place a square of fabric in the desired spot on the fabric. Set the machine to straight stitch, place the tree with the square of fabric in place under the flower stitch attachment.
- Stitch the straight stitch circle and make sure to mark the plastic ring. With applique scissors, trim the circle along the stitch line carefully. Using the marking, place the fabric back under the flower stitcher and select a zig zag stitch and stitch around the applique.
- Decorate the four trees as desired using these methods. Feel free to create garlands with decorative stitches, etc.

Assembling The Tree Blocks:

- Thread the machine with sewing thread in the top and bobbin. Attach the 1/4" foot.
- Sew the 2 1/2" side of the background fabric on each side of the 2 1/2" brown square using a 1/4" seam allowance. Press the seams and set aside. Repeat so that you have 4 sets.
- With the background triangles, sew the long side of the triangle to the short side of the tree triangle using a 1/4" seam allowance. Press repeat for all 4 blocks.
- To assemble blocks, sew the one quarter checker board piece to the bottom of the tree trunk piece (brown and background set) then sew the tree on the trunk set and then press.
- Assemble three blocks in three rows. Two rows will have the tree in the middle with checkerboard squares on either side. The center row will have the checkerboard in the middle with the top of the tree touching on either side. Join these three rows together as described.
- Sandwich the finished topper with batting and backing. Quilt as desire and then bind.

Cut 8
of Background

Cut 4
of Green

Cut 8
of Background

