

Back to School Outfit

By Nancy Fiedler

Introduction: Start out with a purchased t-shirt and leggings. Add applique and/or a decorative detail and complete with a custom made cardigan and skirt. Use leftover knit to make Caroline Hulse's Knit Headband, <http://janome.com/en/inspire/projects/accessories/knit-headband/>, for that final touch! Now your favorite girl is off to school in style.

Janome Products Required:

- Any Janome sewing machine
- Any Janome serger
- Satin Stitch Foot F
- Janome Blue Tip Needle
- Embroidery Option: Janome embroidery machine with a minimum embroidery field of 140mm x 140mm
- Precut applique option: Artistic SimpleCut/Artistic Suite software with the Artistic Edge Digital Cutter



Downloads:

- Flower Applique PDF
- flowercut.draw for Artistic SimpleCut/Artistic Suite software and Digital Cutter
- flwaplq.jef for Janome embroidery machines with a minimum field of 140mmx140mm

Supplies:

- Purchased t-shirt and leggings
- Simplicity 1332
- Knit fabric and notions for cardigan and skirt according to pattern
- 8" square white cotton fabric for flower applique
- 3" square yellow cotton fabric for flower applique
- Jenny Haskins Web Magic® Pressure Sensitive fusible web
- Fusible tear-away stabilizer
- Embroidery thread in assorted colors

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Applique Instruction:

Option 1 - Embroidery with Precut Fabric

1. Download flowerapplique.pdf, flowercut.draw and flwaplq.jef.
2. Fuse Jenny Haskins Web Magic® to the wrong side of the applique fabric.
3. Open flowercut.draw in Artistic SimpleCut/Artistic Suite
4. Use the yellow blade to cut fabric applique pieces.
Tip: Each petal is different. Place cut petals on the flower applique pattern as a reference.
5. Fuse stabilizer to the wrong side of the t-shirt and then place the t-shirt in the hoop.
6. Open flwaplq.jef in embroidery machine.
7. Sew the first color and place the precut petal in position. Then start the machine to applique the piece.
8. Continue in this manner until the flower is completed.



Option 2 - Embroidery

1. Download flwaplq.jef.
2. Fuse stabilizer to the wrong side of the t-shirt and then place it in the hoop.
3. Open flwaplq.jef in your embroidery machine.
4. Sew the first color and place a 2" square white cotton over the placement line.
5. Sew the second color track down the line and trim away excess applique fabric.
6. Sew the third color.
7. Repeat steps 4-6 for each part of the applique flower.

Option 3 - Traditional Applique

1. Fuse stabilizer to the wrong side of the t-shirt.
2. Download and print the flowerapplique.pdf.
3. Trace applique parts onto the paper side of Jenny Haskins Web Magic®
4. Fuse Web Magic to the wrong side of the applique fabrics.
5. Cut out the fabric pieces.
6. Remove paper backing and adhere applique pieces into desired position on the shirt.
7. Following the manufacturer's directions, fuse the pieces in place.
8. Attach the satin stitch foot and then select zigzag. Set the width to 3.5mm and length to .35-.4mm.
9. Sew around each piece to secure in place.

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Shell-Tuck Detail on Purchased Pieces:

Add a decorative edge to the t-shirt neckline and leggings hemline using a basic built-in stitch and embroidery thread.

1. Attach Satin Stitch Foot F.
2. Thread needle and bobbin with contrast color embroidery thread.
3. Select the shell-tuck stitch.



4. Line up the furthest right hand swing of needle so that the needle just falls off the edge of the hem.
5. Sew slowly, keeping the hem edge in the same position.

*Sew the cardigan, skirt and headband following pattern directions using a serger and/or a sewing machine. Sew shell-tuck stitch on the cardigan ruffle and peplum hems as well as the headband.

