Sew Caroline

SEWING PATTERNS + ACCESSORIES
KNIT HEADBAND PATTERN
ONE SIZE FITS ALL

CREATE AN ACCESSORY FOR YOURSELF THAT IS ON-TREND AND EASY TO WEAR. ONE SIZE FITS MOST, SO MAKE THIS CUTE KNIT HEADBAND FOR YOU, A FRIEND, OR THEIR LITTLE LADY.

PRINT + ASSEMBLE PATTERN

USING STANDARD 8.5" X 11" (OR A4) PAPER, PRINT THE PATTERN PIECES. (PGS 3-4) BE SURE TO SELECT "NO PAGE SCALING" OR "100%" WHEN PRINTING SO THE PATTERN PIECES WILL PRINT TRUE TO SIZE. YOU CAN CHECK YOUR PAGE SCALING ON THE FIRST PATTERN PIECE PAGE WITH THE 1" X 1" BOX. TAPE THE PATTERN PIECES TOGETHER.

SUPPLIES

1/4 YARD KNIT FABRIC   STRETCH NEEDLE
FABRIC SCISSORS   COORDINATING THREAD
JANOME SEWING MACHINE

STEP ONE

CUT THE PATTERN AND PASTE TOGETHER THE KNIT HEADBAND PIECES. CUT TWO FROM THE FABRIC USING THE PATTERN PIECE AS A TEMPLATE.

STEP TWO

PLACE KNIT HEADBAND PIECES RIGHT SIDES TOGETHER, PIN AND STITCH (USING A 1/2" SEAM ALLOWANCE) ALL THE WAY AROUND, PIVOTING AT THE CORNERS. LEAVE ABOUT 3" OPEN ALONG ONE LONG SIDE FOR

TURNING. BE SURE TO USE A ZIG ZAG OR STRETCH STITCH WHEN SEWING WITH KNITS. CLIP THE CORNERS AND FLIP TO THE RIGHT SIDE. PRESS EDGES WELL.

STEP THREE

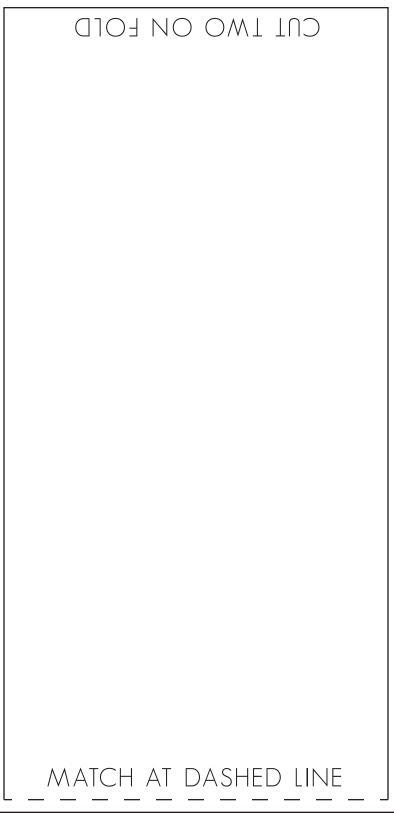TOP STITCH AS CLOSE AS POSSIBLE TO THE OPENING.

STEP FOUR

TIE THE TWO ENDS OF THE KNIT HEADBAND TOGETHER IN A KNOT.

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CUT TWO ON FOLD

MATCH AT DASHED LINE

3

MATCH AT DASHED LINE

4